

THE SHAKE BAR

FUEL BLENDS

Protein-packed shakes crafted to energize and restore

MOCAH-LICIOUS 16

Almond Milk, Espresso, Banana, Oats, Cacao, Chocolate Whey
Calories 283 kcal | Protein 33g | Carbs 29g | Fat 5g

SHREDDER 12

Coconut Water, Vanilla Whey
Calories 158 kcal | Protein 25g | Carbs 12g | Fat 1g

HULK BULK 16

Coconut Water, Banana, Peanut butter, Chia Seeds, Honey,
Chocolate Whey, Whip Cream
Calories 334 kcal | Protein 28g | Carbs 34g | Fat 10g

MATCHA MOMENTUM 16

Almond Milk, Banana, Almond Butter, Matcha Powder, Vanilla Whey
Calories 202 kcal | Protein 27g | Carbs 11g | Fat 7g

BASICALLY ACAI 16

Coconut Water, Mixed Berries, Honey, Greek Yogurt, Choice of Protein
Calories 300kcal | Protein 31g | Carbs 28g | Fat 1g

ADD ON PROTEIN SCOOP 4/scoop

Vanilla - 31g | Chocolate - 30.4g
Protein 24g | Protein 24g

CREAMY CLASSICS

Rich, indulgent milkshakes made for pure enjoyment

MILKSHAKE 15

Vanilla | Strawberry | Chocolate | Pistachio

Prices are in Singapore dollars, inclusive of 10% service charge and prevailing government taxes.